



October 1st 2022

Recovery Education for Addictions and Complex Trauma Walk/Run

Walk 5 km with Family, Friends & Co-Workers or Participate in the 5 km Fun Run



Date: Saturday, October 1, 2022 (Rain or Shine)

Time: 8:30 am – 11:30 am

Location: Assumption North Park Pavilion, Windsor

RE/ACT Windsor-Essex
An Initiative of DWCC

How to Register
Online at www.reactwindsor.ca

In-Person Walk/Run

\$30/Adult, Children/Free

In-Person registered participants receive a gift and more.

Don't Feel Comfortable Attending an In Person Walk/Run?

Walk/Run in your neighbourhood and register online as a Virtual Walk/Run participant

Virtual Walk/Run

\$20/Adult

Collect Pledges

Use the pledge form to collect pledges. Have your family, friends, neighbours, co-workers support your participation with a donation.

Tax receipts are provided for donations \$20+, donor's name, address and email must be included.

Bring your completed pledge form and donations with you to the walk. Cheques payable to: DWCC (Downtown Windsor Community Collaborative).

Top Pledge Fundraiser will receive a great prize!

1005 Victoria Avenue
Windsor, ON N9A 4N7

Day of the Walk/Run

Come Prepared

- Dress for the weather

Parking

- Available in Assumption North Park
- Parking meters operate on Saturday's

Check In – 8:00 am

- All participants **must check-in** at the registration tables in the Assumption North Park Pavilion even if you registered online
- Registered walkers receive their gift at the registration table

5 km Fun Run begins – 8:30 am

5 km Walk Begins – 9:00 am

Walk at your leisure and enjoy the Sculpture Gardens, the Detroit River and Skyline, Dieppe Gardens

Walk to the Big Flag at the foot of Ouellette, turn around and head back to Assumption Park

Washrooms are available in the Assumption Park Pavilion

Walk/Run Concludes – 11:30 am

519-903-7629
www.reactwindsor.ca

RE/ACT Windsor- Essex

Established in October 2020, RE/ACT Windsor-Essex (Recovery Education for Addictions and Complex Trauma) is a twelve-week outpatient program that provides a safe space for individuals to heal from personal trauma and addictions, taking back control of their lives.

This no fee, 12-week outpatient program runs in three phases:

- Phase 1 is a four (4) week focus on understanding addiction and complex trauma.
- Phase 2 flows from that, with eight (8) weeks focused on complex trauma in each person's life
- Phase 3 is ongoing care and community support.

RE/ACT Windsor-Essex is an initiative of the Downtown Windsor Community Collaborative.

Thank you for your support! It is so appreciated. All funds go to supporting the outpatient program



Reg. Charity #821577400RR0001

Walk/Run for RE/ACT Windsor-Essex Pledge Form
Saturday, October 1, 2022 - Assumption North Park Pavilion
(east of Ambassador Bridge)

Walker/Runner's Name: _____ Address: _____

Phone: _____ Email: _____

Please print. You may photocopy this page if required. Tax receipts will be issued when a full name, address and email is provided.

| Donor's Name | Address | Email | Pledge Amount | Cash or Cheque | Tax Receipt |
|--------------------------------------|---------|-------|---------------|--|--------------------------------------|
| | | | \$ | <input type="checkbox"/> Cash <input type="checkbox"/> Cheque | <input type="checkbox"/> Tax Receipt |
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| | | | \$ | <input type="checkbox"/> Cash <input type="checkbox"/> Cheque | <input type="checkbox"/> Tax Receipt |
| Participant Waiver/Release Agreement | | | Total | \$ | |

Tax Receipts are provided at year-end for donations over \$20

By participating in Walk/Run for RE/ACT Windsor-Essex, I waive and release any and all claims for myself, heirs, executors and administrators against all sponsors, volunteers and RE/ACT Windsor-Essex officials of this event for injury, illness or death which may directly or indirectly result from my participation in this walk. I grant permission for the organizer to use photographs of me in promoting this event.



Signature: _____

Date: October 1, 2022